

Ring Size Chart Guide

Measuring your finger ring size: Two Methods of Measuring

Method A: Grab you something flexible, such as a strip of paper or piece of string, and a ruler. Begin to measure the approximate circumference (distance around) of your finger and then apply object to the ruler to get approximate measurement. Find the nearest measurement on the ring size chart guide to determine your approximate finger size.

Method B: If you currently have a ring, grab you a ruler and measure the approximate diameter (distance across) of inside the ring; this process will give you the most accurate reading of your finger size. Find the nearest measurement on the ring size chart guide to determine your approximate finger size.

Finger Sizing Note: If your measurement comes between two sizes, it's better to go with the larger size; this will assure that your ring will fit you comfortably.

If further assistance is needed in helping you know what your finger ring size is, please feel free to call 877-732-2387 or email support@loosediamondexchange.com with any questions that you may have.

Note: Measurements listed below are approximate measurements for United States & Canada finger ring sizes Only. The measurements provided are for inside circumference and diameter measurements of a ring.

Circumference (mm)	Diameter (mm)	Finger Size	Diameter (inch)	Circumference (inch)
44.2	14.1	3	0.554	1.740
44.6	14.3	3 1/4	0.563	1.756
45.5	14.5	3 1/2	0.570	1.791
45.9	14.7	3 3/4	0.579	1.807
46.8	14.9	4	0.586	1.841
47.1	15.1	4 1/4	0.595	1.854
48.0	15.3	4 1/2	0.602	1.891
48.4	15.5	4 3/4	0.610	1.906
49.3	15.7	5	0.618	1.942
49.6	15.9	5 1/4	0.626	1.953
50.6	16.1	5 1/2	0.634	1.992
50.9	16.3	5 3/4	0.642	2.004
51.9	16.5	6	0.650	2.042
52.2	16.7	6 1/4	0.658	2.055
53.1	16.9	6 1/2	0.666	2.092
53.4	17.1	6 3/4	0.673	2.102
54.4	17.3	7	0.682	2.143
54.7	17.5	7 1/4	0.689	2.154
55.7	17.7	7 1/2	0.698	2.193
55.9	18.0	7 3/4	0.709	2.201
57.0	18.1	8	0.714	2.243
57.3	18.3	8 1/4	0.721	2.256
58.2	18.5	8 1/2	0.730	2.293
58.9	18.7	8 3/4	0.738	2.317
59.5	18.9	9	0.746	2.342
60.1	19.2	9 1/4	0.754	2.368
60.8	19.4	9 1/2	0.762	2.393
61.4	19.6	9 3/4	0.770	2.418
62.1	19.8	10	0.778	2.443
62.7	20.0	10 1/4	0.786	2.468
63.3	20.2	10 1/2	0.794	2.493
64.0	20.4	10 3/4	0.802	2.518
64.6	20.6	11	0.810	2.543
65.2	20.8	11 1/4	0.818	2.569
65.9	21.0	11 1/2	0.826	2.594
66.5	21.2	11 3/4	0.834	2.619
67.2	21.4	12	0.842	2.644
67.8	21.6	12 1/4	0.850	2.669
68.4	21.8	12 1/2	0.858	2.694
69.1	22.0	12 3/4	0.866	2.719
69.7	22.2	13	0.874	2.744
70.3	22.4	13 1/4	0.882	2.769
71.0	22.6	13 1/2	0.890	2.796
71.6	22.8	13 3/4	0.898	2.820
72.3	23.0	14	0.906	2.845
72.9	23.2	14 1/4	0.914	2.870
73.5	23.4	14 1/2	0.922	2.895
74.2	23.6	14 3/4	0.930	2.920
74.8	23.8	15	0.938	2.945
75.4	24.0	15 1/4	0.946	2.970
76.1	24.2	15 1/2	0.954	2.996
76.7	24.4	15 3/4	0.962	3.021
77.4	24.6	16	0.970	3.046